

INTERNATIONAL UNIVERSITY OF HEALTH AND WELFARE

# SCHOOL OF MEDICINE



For the TEAM

GUIDEBOOK 2023



**INTERNATIONAL  
UNIVERSITY OF  
HEALTH AND WELFARE**

# IUHW Campus Locations

The International University of Health and Welfare (IUHW) was founded in 1995 as the first comprehensive university of health and welfare in Japan. In the academic year 2021, approximately 11,000 students are studying at 10 schools, one faculty, and 25 departments in 5 campuses located in Otawara City (Tochigi), Narita City (Chiba), Akasaka (Tokyo), Odawara City (Kanagawa), and Okawa City (Fukuoka).



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# Message from the Chairman



**Kuninori Takagi**

M.D., Ph.D.  
IUHW Chairman

The International University of Health and Welfare (IUHW) was founded in 1995 in Otawara, Tochigi, with the aim of nurturing and empowering health and welfare professionals. It consists of 10 faculties and 25 departments on five campuses across Japan, and approximately 10,000 students are currently enrolled, including graduate school students. In the 27 years since its opening, the university has produced about 30,000 well-qualified graduates and is highly regarded both in Japan and abroad.

This year marks the sixth year since the School of Medicine was established at Narita Campus, and our first cohort are now in their sixth year. Since its establishment, the School of Medicine has been promoting innovative medical education. With the majority of classes in the first and second years taught in English, the emphasis is placed on internationalization and training doctors with excellent general medical skills through *small-group education*, *integrated curriculum*, and *active learning*. Exceeding even the highest of world standards, students undertake a 90-week-long extensive clinical training (including overseas) at a number of medical and welfare-related facilities associated with IHW Group. These include the six affiliated hospitals, among them the Sanno Hospital, famous for its obstetrics ward and other facilities that have been established as *Clinical Medical Research Centers*. In addition, the principle of *Cooperative Education for Allied Professions* makes the most of the university's advantageous position as a medical and welfare university that trains a large number of professions, and cross-disciplinary teams are formed to experience *team-based medicine and team-based medical care*.

From the fourth year onwards, clinical practice is carried out at *IUHW Narita Hospital*, *IUHW Hospital* and other group hospitals; in the sixth year, overseas clinical practice at hospitals and medical institutions affiliated with medical universities around the world is compulsory. In addition to a large number of faculty members with extensive overseas educational and clinical experience, the *Office of Medical Education* who implements medical education that exceeds world standards, has a large number of full-time faculty members, including foreign faculty members, and consolidates authority over curriculum organization, evaluation and other related matters. It also focuses on integrated education with the graduate school.

The Narita Campus is an international environment, where talented students from Japan and abroad gather to study. One out of every seven students is an international student, including top students recommended by their governments and universities in Vietnam, Myanmar, Mongolia, Cambodia, Indonesia, Laos and other countries. In particular, the scholarship students, for whom the university covers all tuition fees, course materials, and living expenses are expected to become future leaders in the field of medicine and public welfare in their home countries. By including such international students and promoting medical cooperation, the university is committed to improving the standard of healthcare in Asia as a whole.

*IUHW Narita Hospital*, located near Narita Campus, has 5 renowned centers. First, the *International Remote Diagnostic Center* is affiliated with overseas universities and medical institutions. Second, the *Center for Preventative Medicine* is one of the largest physical examination centers in Japan. The hospital also hosts the *Radiotherapy Cancer Center* that provides tomotherapy as well as the *Center for Genomic Diagnosis*. Last but not least, we have the *International Center for Clinical Infectious Disease*. *IUHW Narita Hospital* aims to be Asia's leading international hub hospital, providing world-class advanced medical care to patients both domestic and abroad. In order to enhance our research contributions in the research sector, we have also established distinctive centers such as the *Institute for Genomic Medicine*, the *International Research Center for Infectious Diseases*, and the *Innovation and Research Support Center*.

The University Group has made a concerted effort to combat new coronavirus infections. To start with, our infectious disease specialists as well as public health physicians from the *School of Medicine* were sent in to help onboard the cruise ship *Diamond Princess*. By March 2022, more than 200,000 vaccines have been administered to more than 100,000 people, and up to 252 beds for COVID-19 patients have been utilized in the Group's hospitals.

We are also taking all possible measures to prevent the spread of infectious diseases, such as conducting PCR tests for incoming freshmen before this year's entrance ceremony, and inviting the students once negative results have been confirmed. The university also conducts PCR testing for all students prior to clinical practice at no cost to the students.

We will continue to improve coronavirus control measures and contribute in the fields of education, medicine, and welfare in cooperation with the local community to build an international medical center of the highest standard in the world. This way, we hope that the people of Narita City and Chiba Prefecture will be able to boast that they have the International University of Health and Welfare in their neighborhood. It is our aim that through implementing innovative medical education, our *School of Medicine* will produce many doctors who will become active on the world stage.

## Principles and Educational Goals of IUHW

### 3 Fundamental Principles

- University focused on well-balanced individuals with a solid sense of humanity
- University strongly connected to and fully open to the community
- University directed towards the attainment of global standard

### 7 Educational Principles

- Personality Development
- Expertise
- Inter-profession
- Information Science and Technology
- Internationality
- Freedom of Thought
- Innovative University Management

# Message from the President



**Yasuhiro Suzuki**

M.D., Ph.D.  
President

Established in 2017, the International University of Health and Welfare's School of Medicine has been delivering cutting edge medical education to train physicians with comprehensive, high-level medical skills and international mindset who can contribute to multidisciplinary *team-based medicine* and *team-based care*. In order to provide medical education that surpasses global standards, the School of Medicine established the *Office of Medical Education* with approximately 30 full-time faculty members, an unprecedented number among medical schools in Japan. The *Office of Medical Education* provides appropriate and effective guidance while closely monitoring each student's level of understanding of classes and achievement in practical training. In addition, in order to cultivate real English language skills essential in a global society, many classes in the first and second years are taught in English. Group studies in which Japanese and international students work together create opportunities to accept people with differing value systems and cultivate an international outlook.

While the majority of professors in the School of Medicine come from other universities, many of them consider our students to be serious and very competent in clinical settings. In addition, doctors at our clinical practice sites have highly praised our medical students for their good communication skills and their wealth of medical knowledge. As all students complete 90 weeks of clinical training that includes actual participation in

medical treatment - a standard that is globally unmatched - they can be expected to exhibit excellent clinical skills.

In 2022, the first cohort (2017) will begin their sixth year of study and will be expected to complete the overseas clinical training component of the curriculum. Hopefully this experience will help students become medical professionals that can contribute to medical care even in environments where, unlike Japan, medical equipment and facilities are not always perfect.

I joined this university in 2021 and assumed the position of President this year, impressed by the excellence of the University's medical education as well as the fairness of the entrance examinations, which create an unparalleled richness in the academic environment and foster truly internationally-minded health and welfare professionals. The University's learning environment, which allows students to experience clinical practice at the six affiliated hospitals and the Clinical Medical Research Center, is an extremely privileged environment that I did not have the opportunity to experience when I was a medical student myself. In addition, students can form mixed-department teams and experience *team-based medicine* and *team-based care* under the guidance of doctors and specialists active in their fields of expertise. This is possible due to our position as a medicine and welfare university that trains a wide variety of medical specialists.

I became interested in public health during my student days, after I participated in providing medical care for indigenous people in South America. This was one of the many experiences in medical school that had a strong impact on my later life, including my work for the World Health Organization (WHO). Our university offers a learning environment that opens doors to many different career paths, including clinical practice and basic medical research. I hope that all of you who study at our University will deepen your knowledge in this enriching environment and make the most of the life ahead of you.

Next spring, in March 2023, the first class of medical students will finally graduate. I sincerely hope that all the students who leave this university will be active as leaders in medicine and welfare, not only in their local community but also on the international stage.

## Profile

Graduated from Keio High School and Keio University School of Medicine. Doctor of Medicine.

Received two master's degrees (Master of Public Health, Master of Science) from Harvard University Graduate School of Public Health in the U.S. Served as Director General of the World Health Organization (WHO) and Medical Technical Supervisor of Japan's Ministry of Health, Labor and Welfare. Appointed as a professor of IUHW Graduate School in January 2021 and the Vice-President in March of the same year. Has been in his current position of President since April 2022.

# History of IUHW

1995	1997	1998	1999	2001	2002	2005	2006	2007	2009
<b>APR</b> Establishment of International University of Health and Welfare  <b>Establishment of School of Health</b>	<b>APR</b> Establishment of School of Health and Welfare  <b>MAY</b> Opening of IUHW Clinic	<b>OCT</b> Establishment of International Research Institute of Health and Welfare	<b>APR</b> Establishment of Master's Program in Health Sciences	<b>APR</b> Establishment of Doctoral Program in Health Sciences and Master's Program in Health and Welfare, and Health Service Management  Establishment of Satellite Campuses for Graduate School	<b>JUL</b> Opening of IUHW Atami Hospital	<b>MAR</b> Opening of IUHW Mita Hospital  <b>APR</b> Establishment of School of Pharmacy at Otawara Campus and School of Rehabilitation Sciences at Okawa Campus in Fukuoka Prefecture	<b>APR</b> Establishment of School of Health Sciences at Odawara Campus in Kanagawa Prefecture	<b>FEB</b> International Health and Welfare Hospital renamed to IUHW Hospital  <b>APR</b> Establishment of School of Health Sciences, and School of Rehabilitation Sciences at Fukuoka  Establishment of the Master's Program in Clinical Psychology	<b>APR</b> Establishment of School of Nursing at Fukuoka (Fukuoka City, Fukuoka)  Unification of two departments in School of Health and Welfare into new Department of Social Services and Healthcare Management  Establishment of Master's Program in Pharmaceutical Sciences and in Biosciences (Presently renamed to Biopharmaceutical Science)  Opening of IUHW Shioya Hospital  Opening of IUHW Shioya Nursing College



# Message from the Dean of the School of Medicine



**Yutaka Kawakami**

M.D., Ph.D.  
Dean

Education, research, and clinical practices are three essential components for medical schools. At the IUHW School of Medicine, we aim to obtain excellent achievements in all these areas and contribute to society. To be a good medical doctor, in addition to gaining medical knowledge and skills, a rich personality is required to take care of patients from various social backgrounds together with a team of various medical professionals, in order to achieve patient oriented “Team Care Medicine.”

With the advancement of science, so much more medical information is currently available compared to when I was a medical student. In this context, it is paramount for us to select the most essential knowledge and understand the ways these interact. To do this, we need to learn scientific logics and think critically by ourselves, possibly through participating in research projects.

In fact, a real clinical practice is not as simple as described in textbooks; therefore, physicians should always be creative to offer the best medical care to patients with multiple diseases or complications. Moreover, the mechanisms of many diseases have not yet been understood, nor have adequate treatments been developed. It follows then that research in basic, clinical, social medicine and their integration is also needed. Medical information is updated daily, so physicians are required to keep learning throughout their lives. In addition to reading excellent books, meeting and communicating with people from various fields, and working together in a team for a determined goal in extracurricular activities, many other experiences will help you in becoming a better person and hence a good physician. In this global era, English is mandatory as the common international language. It helps us learn the latest medical findings, communicate directly with people around the world, and work globally with a wider perspective.

At the IUHW School of Medicine, we take advantage of being the new school within a university of comprehensive health and welfare for establishing an advanced medical education system. This includes a new learning system for medical English, having medical education carried out in English, a comprehensive education for medical professionalisms, the use of active learning methods, and clinical simulation technologies.

Lastly, I would like to remind you that it is our mission to utilize our talent to make a better society. I welcome all of you with a strong passion for learning medicine.

## Profile

Graduated from Keio University School of Medicine  
Professor Emeritus and Project Professor of Keio University  
President of Japanese Association of Cancer Immunology (JACI)  
Fellow of the Japanese Society of Internal Medicine (FJSIM)  
Studied at the University of South Florida, California Institute of Technology, and National Cancer Institute, National Institutes of Health.  
Former Director and Professor of Institute for Advanced Medical Research, Keio University School of Medicine; and Dean of Graduate School of Medicine, Keio University  
He was recognized as one of the Thomson ISI Highly Cited Researchers in 2005.  
Awards he received include Kitasato Prize, Keio University School of Medicine in 2006; Keio Gijuku Prize, Keio University in 2018; and JSI Human Immunology Research Award, Japanese Society of Immunology in 2018.

2011	2012	2013	2015	2016	2017	2018	2019	2020	2021
<i>JAN</i> Opening of IUHW Nasu Seminar House	<i>FEB</i> Opening of IUHW Radiation Disaster Control Research Center  <i>APR</i> Establishment of Doctoral Program in Medical and Biopharmaceutical Science in Graduate School of Pharmacy  <i>AUG</i> Opening of Yufuin Seminar House and Amity Yufu-kogen (Yufu City, Oita)	<i>APR</i> School of Rehabilitation Sciences at Fukuoka renamed to School of Health Sciences at Fukuoka  Establishment of Department of Medical Technology and Sciences in School of Health Sciences at Fukuoka  Relocation of School of Nursing at Fukuoka to Seaside Momochi area in Sawara, Fukuoka City	<i>JUN</i> Opening of Japanese Language Program	<i>APR</i> Establishment of School of Nursing/Health Sciences at Narita Campus	<i>APR</i> Establishment of School of Medicine  <i>SEP</i> Kaken Hospital renamed to IUHW Ichikawa Hospital	<i>APR</i> Establishment of School of Psychology and Healthcare Management at Akasaka (Tokyo Akasaka Campus)  Establishment of Graduate School of Medicine (Doctoral Program) and Graduate School of Public Health (Master's Program)	<i>APR</i> Establishment of IUHW Japanese Language Program at Okawa Campus	<i>MAR</i> Opening of IUHW Narita Hospital (Narita City, Chiba)  <i>APR</i> Establishment of Department of Pharmaceutical Sciences at Okawa Campus and Department of Radiological Sciences at Narita Campus  Opening of Building W at Tokyo Akasaka Campus	<i>APR</i> Fukuoka School of Nursing at Fukuoka Campus transferred to Fukuoka International University of Health and Welfare  Establishment of Department of Clinical Engineering: Special Advanced Course at Narita Campus

# Features of IUHW School of Medicine

## Provides Unprecedented Medical Education to Nurture Globally Minded Physicians Equipped with Comprehensive and Advanced Skills

1

### Fostering medical professionals who can play active roles in local as well as global communities

- With an emphasis on the aspiration to contribute to international medical cooperation and community medicine, students are carefully selected through interviews and other screening methods.
- Of the 140 students in each academic year, 20 are international students from around the world.

2

### High quality medical education full of international features, which surpasses the global standard set by WFME (World Federation for Medical Education)

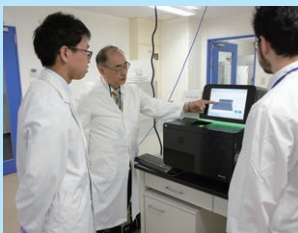
- One of the world's largest medical education simulation centers with a site area of over 5,338m<sup>2</sup> is located on campus.
- Students participate in "clinical clerkships" in which they can learn as a member of a clinical team for at least two years.
- The sixth university hospital, IUHW Narita Hospital newly opened in 2020. The hospital aims to become a world medical hub and will be the main center for clinical training.
- In Year 6, all students are to participate in clinical training abroad for at least four weeks.
- Intensive language education such as the introduction of lectures in English for a number of modules is offered in order to develop the ability to diagnose, participate in conferences, and have discussions in English.



3

### Teaching staff are internationally-renowned leading experts in each field

- IUHW employs teaching staff with diverse international backgrounds with practical and academic experiences, who are appropriate for this university aiming to become an international medical hub.



4

### Advanced medical education at the graduate level

- In April 2018, the Graduate School of Medicine (Doctoral Program) and Graduate School of Public Health (Master's Program) opened to foster competent personnel capable of further developing medical sciences through collaboration with the IUHW School of Medicine.

5

### The tuition is set to be at the lowest standard among other private medical schools, and a variety of scholarship programs are provided

- The amount of money to be paid for the six years including tuition is set to be the lowest among other private medical schools in Japan.
- IUHW offers a variety of financial support, including special scholarship programs.



6

### Advantage of our strength as a comprehensive university of health and welfare

- As part of "interprofessional education," third year medical students participate in lectures and practical training to learn "Team Care Medicine" in which specialists in different fields combine their efforts and work together.

# Interview with International Students

## Q What made you decide to become a doctor?

**Kong Borey (Cambodia):** I was often ill as a child. I saw how brilliant and great doctors are, and from then on I aspired to become a doctor in the future.

**Huynh Ngoc Yen Nhi (Vietnam):** I am interested in science, and I want to become someone who can use that scientific knowledge to help lots of people. That is why I admire doctors.

**Talgat Tilyeubek (Mongolia):** I have liked doctors' white coats since I was a child, so I decided to become a doctor.

**May Pyae Kyaw (Myanmar):** When I see someone who is ill, I feel that I want to help them. I really enjoy seeing the happy faces of people who have been cured, and that has made my wish to become a doctor stronger.

**Ta Ha Nguyen (Vietnam):** I want to become a doctor who can save people's lives, and who can improve the quality of life of many people.

**Yuliany Putri (Indonesia):** When I was asked what I want to be in the future when I was a third-year student, I realized that I wanted to enter a profession that relates to a subject I like, and a profession where I can utilize the knowledge I gained from the subject I like to help people directly. That made me decide to become a doctor.



From the left: Kong Borey, Huynh Ngoc Yen Nhi, Talgat Tilyeubek, May Pyae Kyaw, Ta Ha Nguyen, Yuliany Putri

## Q Why did you choose to go to a Japanese medical school?

**Kong Borey:** Japan is a developed nation, and various fields such as industry, technology, education, and the healthcare system are well-developed. I thought that I would be able to study various things in Japan, and chose a medical school in Japan.

**Huynh Ngoc Yen Nhi:** Since Japan has high-level healthcare, I thought that if I could enroll in a Japanese medical school, I would be able to experience cutting-edge medical technology of the world. When I heard that there was a scholarship program at IUHW, I aspired for it without hesitation.

**Talgat Tilyeubek:** I wanted to become a doctor who is useful anywhere in the world. We study medicine in Japanese and English at IUHW. I chose this university thinking that I could become the doctor I am aiming to be by using this great chance.

**May Pyae Kyaw:** I chose the Japanese medical school because I believe that Japan has a wonderful health insurance system, an excellent education system, a better standard of living, and I believe that I can gain a lot of knowledge here.

**Ta Ha Nguyen:** Before coming to Japan, I learned from television and textbooks that Japan has a brilliant medical technology and healthcare environment. Hearing that IUHW had spots for international students, I wanted to study here.

**Yuliany Putri:** Japan is a developed country not only in Asia, but also in the world. I think that Japanese medical research and technology is also in the top class. Having been able to enroll in the Japanese medical school is a great blessing.

## Q What is your dream for the future?

**Kong Borey:** I want to return to my home country and contribute to the development of various fields, particularly medicine in my country.

**Huynh Ngoc Yen Nhi:** After studying medicine and gaining work experience as a physician, eventually I want to return to my home country and contribute to the development of healthcare in both Vietnam and Japan.

**Talgat Tilyeubek:** I want to become a doctor who is useful to people. As a doctor, regardless of what kind of doctor I become, I will aim to send patients home with a smile, without ever forgetting that kindness is one of the most important character traits for a doctor.

**May Pyae Kyaw:** I want to become a bridge in healthcare between Japan and Myanmar. I want to become a doctor who is trusted by Japanese people also.

**Ta Ha Nguyen:** I want to build a bridge between healthcare in my home country and Japan. I also want to gain experience in many different countries.

**Yuliany Putri:** I want to become a doctor who can cater to patients' needs, and help them to lead a healthy life. I also want to become a doctor who can promote my home country.



# Facilities of IUHW School of Medicine

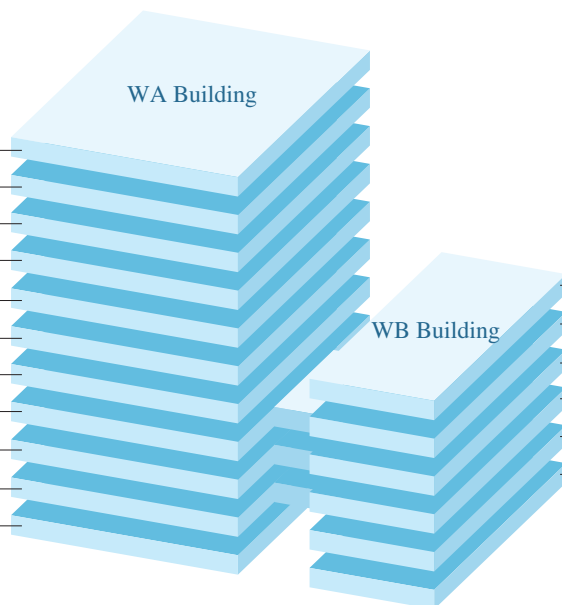
## Modern facilities with the latest medical equipment for studying and research

The School of Medicine is located right next to the building of the School of Nursing at Narita / School of Health Sciences at Narita, and consists of two buildings, WA Building (11 stories in height) and WB Building (6 stories in height). Its total floor area is approximately 48,000m<sup>2</sup>. In the buildings, there are distinctive facilities such as 4 theater rooms which can hold 162 people each, and a multimedia laboratory with a virtual slide system.



### WA Building

- 11F International conference room / Reception room / Boardroom / Restaurant
- 10F Office of Medical Education / Shared office
- 9F Laboratory / Shared office / International conference room
- 8F Center for Basic Medical Research
- 7F Institute of Medical Genomics / Telemedicine Center / Advanced Reproductive Medicine Research Center / The Center for Education and Research of Microbiology
- 6F Research laboratory area / Department of Radiological Sciences / Conference Room / Counseling Room / Shared Office / Lecture Room
- 5F The Center for International Research of Infectious Diseases / Graduate School of Medicine / Graduate School of Public Health / Seminar room
- 4F Simulation Center for Outstanding Professional Education (SCOPE)
- 3F Library / SGD Room / TBL Room
- 2F Auditorium / TBL Room
- 1F Entrance hall / Autopsy rooms / IUHW Health Service Center / Coffee shop



- Laboratory / Shared office / Teaching staff room 6F
- Lecture room / Multimedia room 5F
- Simulation Center for Outstanding Professional Education (SCOPE) 4F
- Computer lab / Language room / International Center 3F
- Student lounge / Bookstore / Locker room 2F
- Entrance hall / Anatomy lab / General information 1F

### WB Building

### Telemedicine Center

A Telemedicine Center, connecting with universities and medical institutes overseas, has been installed on the 7th floor of the WA Building. Since 2011, IUHW has successfully completed a telepathology and telediagnosis project in China, Vietnam, and Myanmar as a part of the international medical alliance project promoted by the Ministry of Economy, Trade, and Industry.

### The Center for International Research of Infectious Diseases

The Center for International Research of Infectious Diseases is located on the 5th floor of the WA Building, and fortifies a structure for infectious diagnosis and research. Our School of Medicine and IUHW Narita Hospital enhance risk management function against emerging infectious diseases overseas considering their position in Narita, an international gateway city. We foster professionals who are able to manage infection control in developing countries.



Health Evaluation and Promotion Center-Cho Ray Hospital IUHW (HECI) is connected with the Telemedicine Center



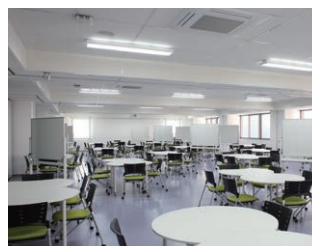
Telepathology and Telediagnosis Project in Vietnam



## WA Building



<1F> Main Entrance Hall



<3F> TBL Room



<3F> SGD Room



<2F> Auditorium



<1F> Coffee Shop



<1F> Forensic Anatomy Room



<3F> Library



<8F> Basic Medicine Research Area

## WB Building



<3F> Language Room



<1F> Anatomy Room



<2F> Lounge



<3F> International Center



<4F> Studio • Editing Room



<5F> Multimedia Room



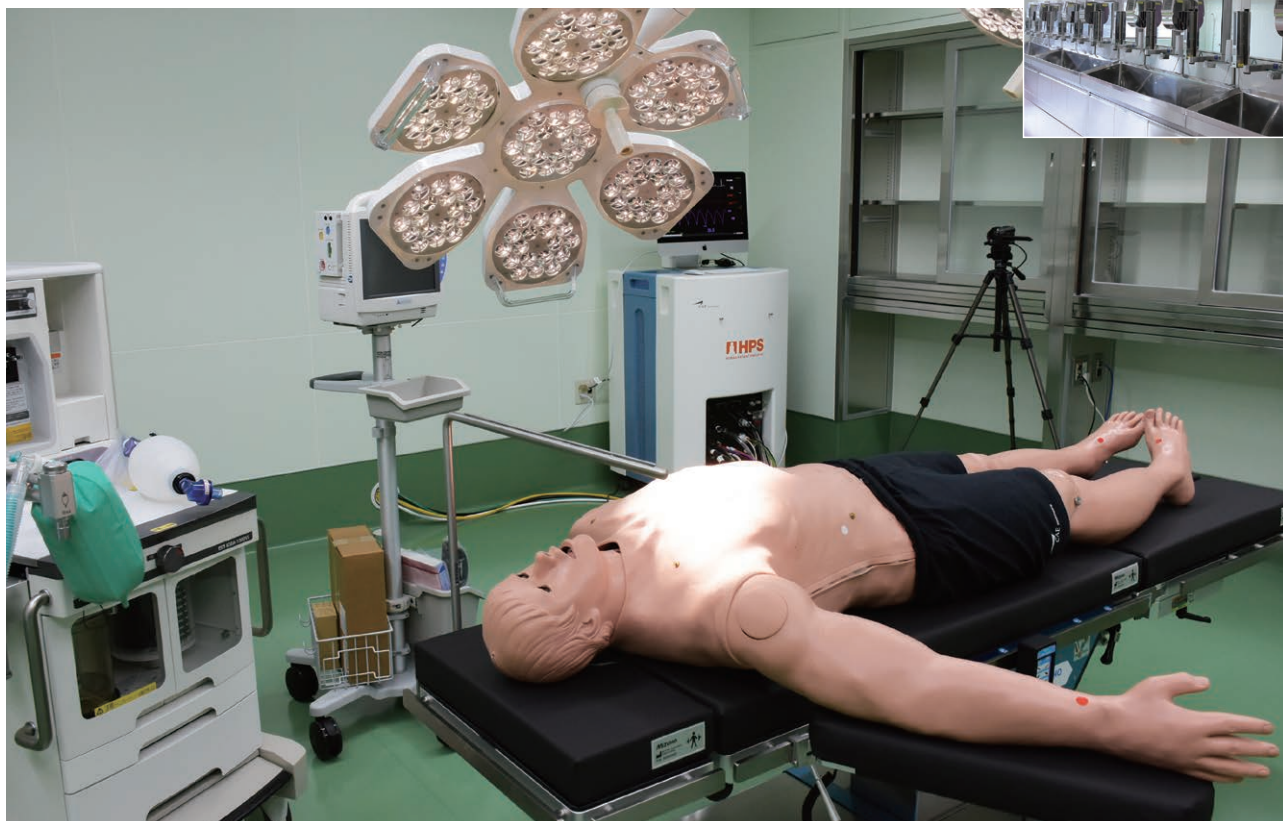
# SCOPE (Simulation Center for Outstanding Professional Education)

## One of the largest medical education simulation centers in the world

On the 4th floor of WA Building and WB Building, one of the largest medical education simulation centers with a site area of 5,338m<sup>2</sup> has been established. Through several practical simulation educations, students can obtain basic clinical skills effectively. Examples are to train midwifery skill with birth training kits, and educate auscultation skill using heart sound and respiratory sound training kits practically.

### OR <OR Simulation Room>

For learning operational procedures and medical safety using the latest equipment



### Examination Room

For training basic skills of medical interview and physical examination



Examination Room



Monitor room to view all 22 examination rooms

## ICU

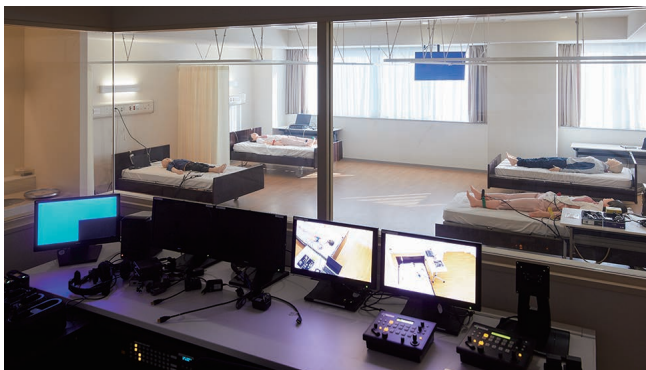
<ICU Simulation Room>

For experiencing what actions are expected in ICU



## Simulation Hospital Room

For experiencing hospital situations and learning how to deal with them



## ER

<ER Simulation Room>

For learning ER inner workings from an early stage



## Physical Assessment

<Physical Assessment Lab>

For physically experiencing knowledge from lectures



## BLS

<Basic Life Support BLS room>

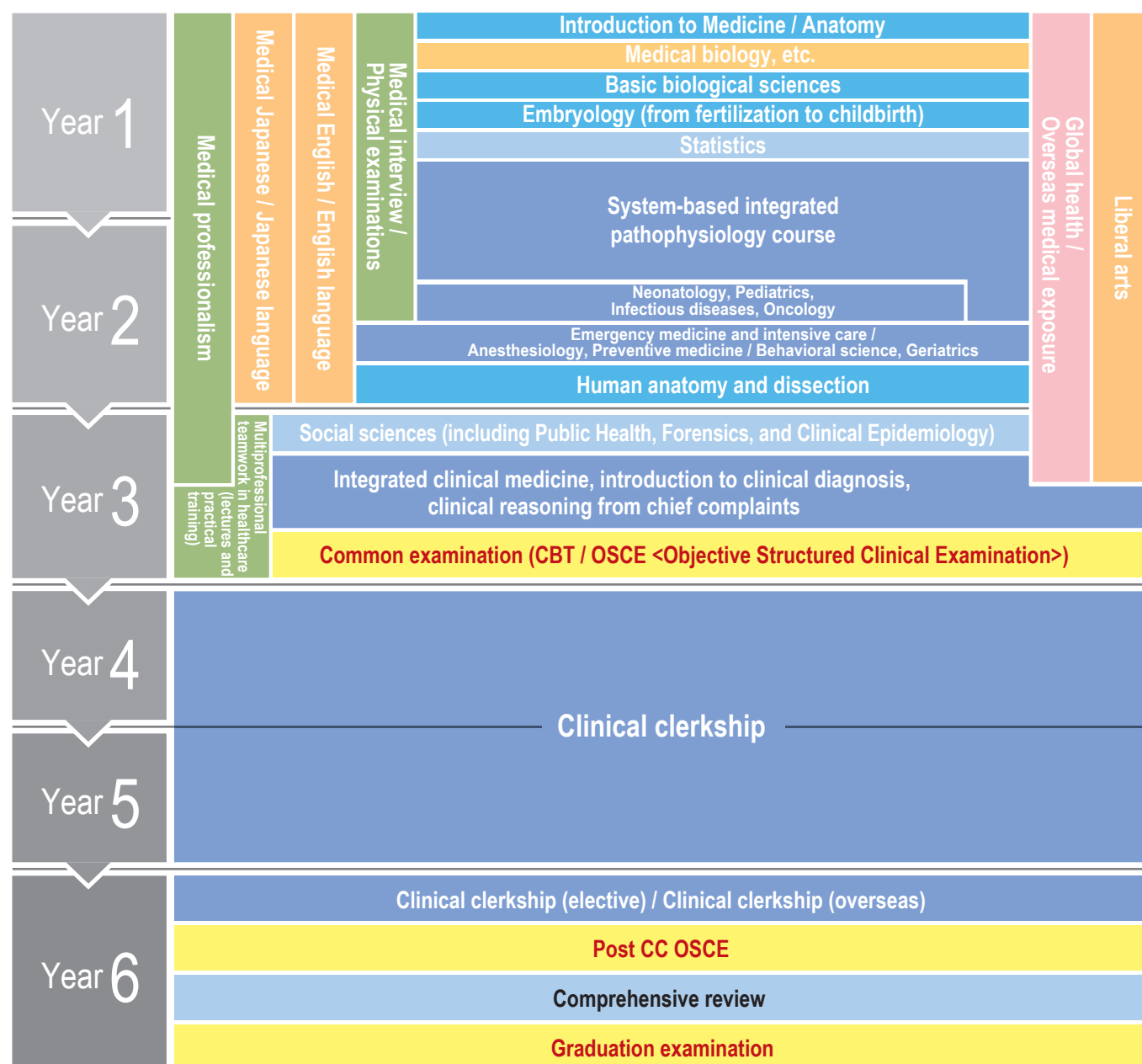
For basic life support by CPR and AED taught from the first year





# Curriculum of IUHW School of Medicine

The curriculum of the IUHW School of Medicine is designed to foster and educate physicians who can serve the international community. We are proud to have a medical education curriculum that exceeds the world standard.



\*The curriculum may be subject to change.

## Characteristics of the Curriculum

- All students are required to take the “International Health Course” as one of the required subjects to understand healthcare and medicine overseas, especially in neighbouring Asian countries. Topics covered include global health, tropical medicine, and educational systems of international health and medicine.
- In Year 6 students will take “Overseas Clinical Clerkship” as a required subject to learn and experience clinical medicine at medical facilities outside Japan for at least four weeks.
- Students will take Medical English classes and Medical interview classes in English so that they will be able to evaluate patients in English.
- We also offer foreign languages besides English such as Spanish, French, Vietnamese, and Korean.
- Students have access to one of the largest simulation centers in the world, allowing them ample time to practice clinical scenarios and medical procedures using manikins throughout the curriculum.
- Most classes will be conducted in English until the end of Year 2, and will be in Japanese from Year 3 with aims to cope with clinical trainings and the National Examination for Medical Practitioners in Japan.
- International students take Medical Japanese/Japanese language classes during the first two years to prepare for classes to be given in Japanese from Year 3.



# Medical Education in Japan in General

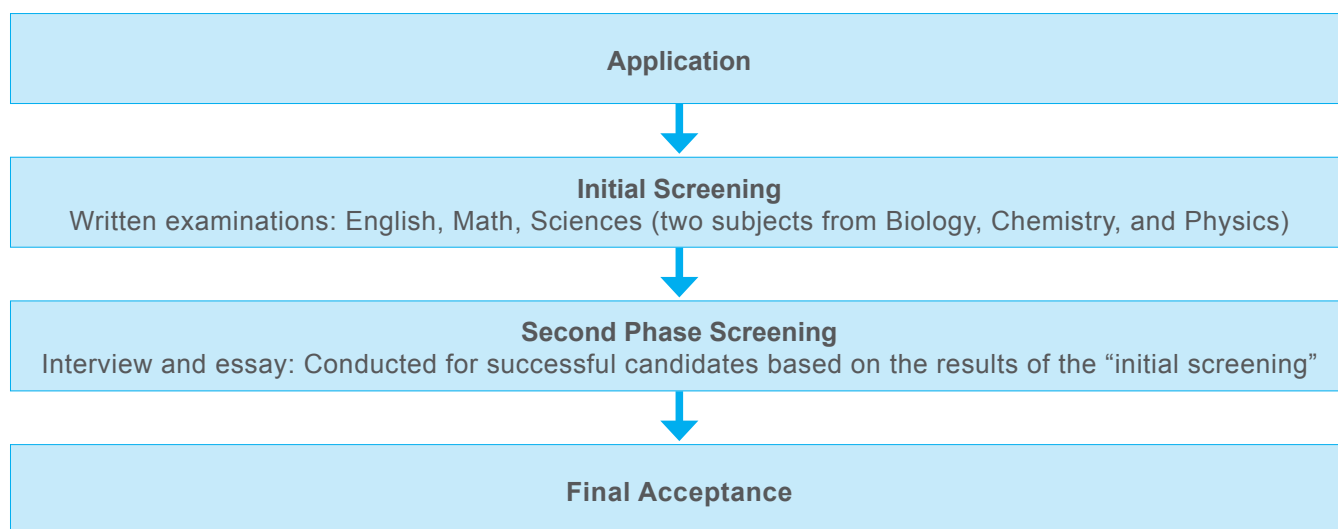
## Basic Information

- Japanese undergraduate medical education is six-year-long. High school graduates are eligible to enter medical schools.
- Each academic year (school year) begins in April and ends in March.
- An average class size is approximately 100.
- There are 82 schools of medicine in Japan, consisting of 51 national (public) universities and 31 private universities.
- Average tuition is approximately ¥33,000,000 (\*US\$330,000) for a private medical schools for six years. Additional expenses (textbooks, lab coats, stethoscopes, etc.) are approximately ¥100,000 (\*US\$1,000) per year.  
\*Tuition for the IUHW School of Medicine for six years is ¥18,500,000 (\*US\$185,000), which is the lowest among all of the private medical schools in Japan.

## An Outline of Entrance Examination for Medical Schools in Japan

### ■ Typical Example

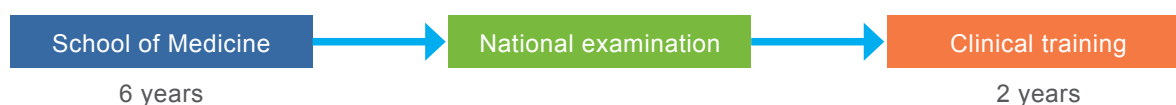
The steps for a typical admission procedure for entering a school of medicine in Japan are as follows:



- Eligible candidates are those who have completed 12-year education or equivalent education.
- Entering a medical school in Japan is very competitive. In the academic year of 2018, there was a 9,419 capacity for entering a medical school in Japan, corresponding to less than 1% of 1.2 million 18-year-old population.

## National Medical Practitioners Qualifying Examination

- Medical doctors are registered through a licensing system in Japan by passing the national licensing examination conducted in Japanese language.
  - Students, who complete the necessary requirements for graduation are eligible to take the national licensing examination. In order to practice medicine, candidates need to pass this national licensing examination.  
(In principle, it is essential to graduate from a Japanese medical school in order to become a physician in Japan.)
- The pass rate for the national licensing examination was 89.0% (result of examination in February 2019).
- After successful completion of the school of medicine and registration as medical doctors, graduates are required to undergo a two-year mandatory residency training. Their average monthly salary is approximately ¥200,000–400,000. (\*US\$2,000–4,000)  
\*\*US\$1=¥100 (truncated to integer)



# Outline of Narita Campus and Narita City

Conveniently located right in front of Kozunomori Station on the Keisei Main Line enables students to commute from/to Tokyo and neighbouring cities. The campus is set in a quiet environment, but also has easy access to commercial facilities, such as shopping malls, restaurants, and convenience stores.

Narita City, home to Japan's main international airport, is located 60km east from Tokyo with a population of approximately 130,000. The city combines a rich natural environment with a high degree of internationality.

## IUHW Narita Hospital Opened in Narita City in March 2020

### The sixth university hospital of IUHW, the main hospital for the School of Medicine, and the main center for clinical training

- Hospital Ward, Health Checkup Ward, Education and Training Center, and a heliport are included in the vast premises of 160 thousand square meters.
- Leading physicians of various fields engage in advanced medicine and research.

### Aiming to become a world hub hospital

- Multi-language services are provided and medical interpreters are there to help at the reception area especially set up for international patients. A multi-faith prayer room is also provided, and there are a variety of menu choices to meet food preferences and religious needs such as halal.

### One of the largest health checkup centers in Japan

- Health checkups of high accuracy are available using PET-CTs, MRIs, and other advanced equipment. Health Promotion Center in the Health Checkup Center includes accommodation, swimming pools, a gym, and a sauna.

### Advanced and accurate examination and treatment

- Advanced diagnosis and treatment are given by many physicians with a wealth of experience, including Dr. Miyazaki, a director of IUHW Narita Hospital and a pioneer in hepatobiliary-pancreatic cancer. Specialty centers are the Center for Preventative Medicine, the Center for Genomic Diagnosis, the International Remote Diagnostic Center, and the Radiotherapy Cancer Center.

### State-of-the-art medical equipment

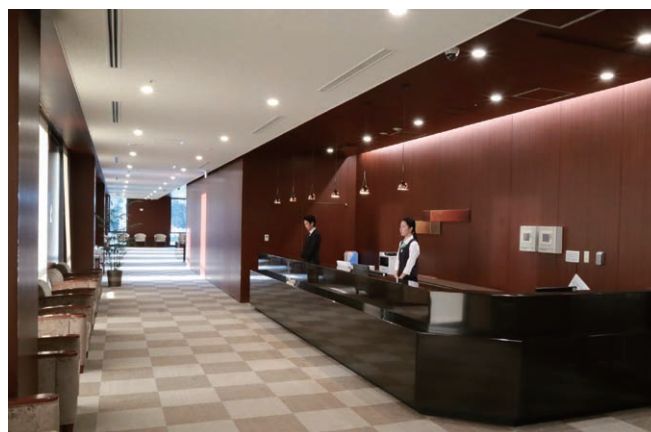
- Medical equipment of the highest level are used for accurate examination and treatment. They include Tomo Therapy that enables highly accurate cancer treatment through precise radiation even to complex shaped cancer tissues and NovaSeq that analyzes human genome in a large scale (the School of Medicine at Narita Campus).

### Welcoming and relaxing amenities for Japanese and overseas patients

- Interiors have been designed and amenities prepared to realize a relaxing environment.
- Exclusive rooms and other options are available for further comfort.
- There are hospital wards dedicated for international patients.



IUHW Narita Hospital



Health Checkup Center

# Support for International Students

## Dormitory

Accommodation is provided to international students with a priority. The building is five storied and all rooms are private rooms. There are security measures such as a security function door at the entrance and a dormitory manager available on site 24/7.

### Main Facilities

- Room facilities: 216 private rooms each with a bed, a writing desk, a wardrobe, and an air-conditioner.
- Common facilities: A cafeteria, study rooms, a meeting room, WiFi (freely accessible), and parking spaces for cars and bicycles.
- Equipment on each floor: Shower rooms, a laundry room, a kitchenett, and toilets

### Access

- From Narita Campus: 20 minutes by bicycle
- From train station: 15 minutes on foot from Narita Yukawa Station on the Narita Sky Access Line



Dormitory building



Dormitory room



Cafeteria



Laundry room



Recreational room



Kitchenett



Shower rooms



## Sports facilities

There is a gymnasium in the building of the School of the Nursing at Narita / School of Health Sciences at Narita, and a lawned multipurpose field where students can play futsal or any other activities outside.

There is one playground 5,659m<sup>2</sup> in size with three tennis courts and running track.

Gymnasium

## International Center

Dedicated staff at the International Center provide a wide range of vital support for international students. This includes offering continuous assistance for improving Japanese language skills as well as assistance for getting familiarized with Japanese customs and culture.

## Japanese Language Program

There is an intensive Japanese language program for international students wishing to improve their Japanese language skills prior to entering the School of Medicine (conditions apply).

## Welfare facilities

- Nasu Marronnier Hotel
  - Opened in November 2018 in Tochigi Prefecture.
  - Adjacent to IUHW Hospital which is one of the hospitals where students receive clinical training.
  - With natural hot springs and a restaurant, it is also open to the public.



Nasu Marronnier Hotel

- “IUHW Nasu Seminar House”
  - Located in Tochigi Prefecture in an area close to the Imperial villa.
- Yufuin Seminar House / Amity Yufukogen
  - Located in Oita Prefecture in an area famous for natural hot springs.



“IUHW Nasu Seminar House”



Yufuin Seminar House / Amity Yufukogen



# Overseas Network of IUHW

IUHW has signed a collaborative agreement with 47 institutions in 24 countries/regions worldwide. This has enabled IUHW to develop its international activities such as Overseas Clinical Training class which is a compulsory subject in Year 6, as well as exchanging students and faculties for both short-term and long-term.



	Country	University/Institution
University	Taiwan	Yuanpei University of Medical Technology
	Thailand	Faculty of Public Health, Mahidol University Christian University of Thailand
USA		University of Hawai'i, Kapi'olani Community College Mayes College of Healthcare Business and Policy, University of the Science in Philadelphia School of Medicine, University of Pittsburgh
	China	Capital Medical University, School of Rehabilitation Medicine University of Chinese Academy of Sciences Peking University Health Science Center
	Korea	Konyang University Inje University Daegu Haany University
Myanmar		Eulji University
		University of Nursing, Yangon
		University of Medicine 1, Yangon
		University of Medical Technology, Yangon
		University of Medicine 2, Yangon
Vietnam		University of Medicine, Mandalay
		University of Medicine and Pharmacy, Ho Chi Minh City
		Hanoi Medical University Hue University of Medicine and Pharmacy
Australia		Griffith University
New Zealand		University of Otago
Singapore		Singapore Institute of Technology
Mongolia		Mongolian National University of Medical Sciences
Laos		University of Health Sciences, Lao PDR
Indonesia		University of Udayana
Malaysia		Management & Science University
Philippines		University of the Philippines Manila
Spain		Universidad de Alcalá
Cambodia		University of Health Sciences, Cambodia
UK		University of East Anglia
France		Université Paris-Saclay
Hungary		Semmelweis University
Russia		I.M. Sechenov First Moscow State Medical University
Finland		University of Helsinki
Poland		Wroclaw Medical University
Lithuania		Lithuanian University of Health Sciences
Institution	China	China Rehabilitation Research Center
	Singapore	Nanyang Polytechnic
Australia		TAFE Queensland
Hospital	Myanmar	National Rehabilitation Hospital
	Vietnam	Cho Ray Hospital Bach Mai Hospital Hung Vuong Hospital
China		China-Japan Friendship Hospital
Mongolia		Mongolia-Japan Teaching Hospital

(As of April 2022)



Conclusion of an inter-university agreement with 3 universities in Yangon, Myanmar



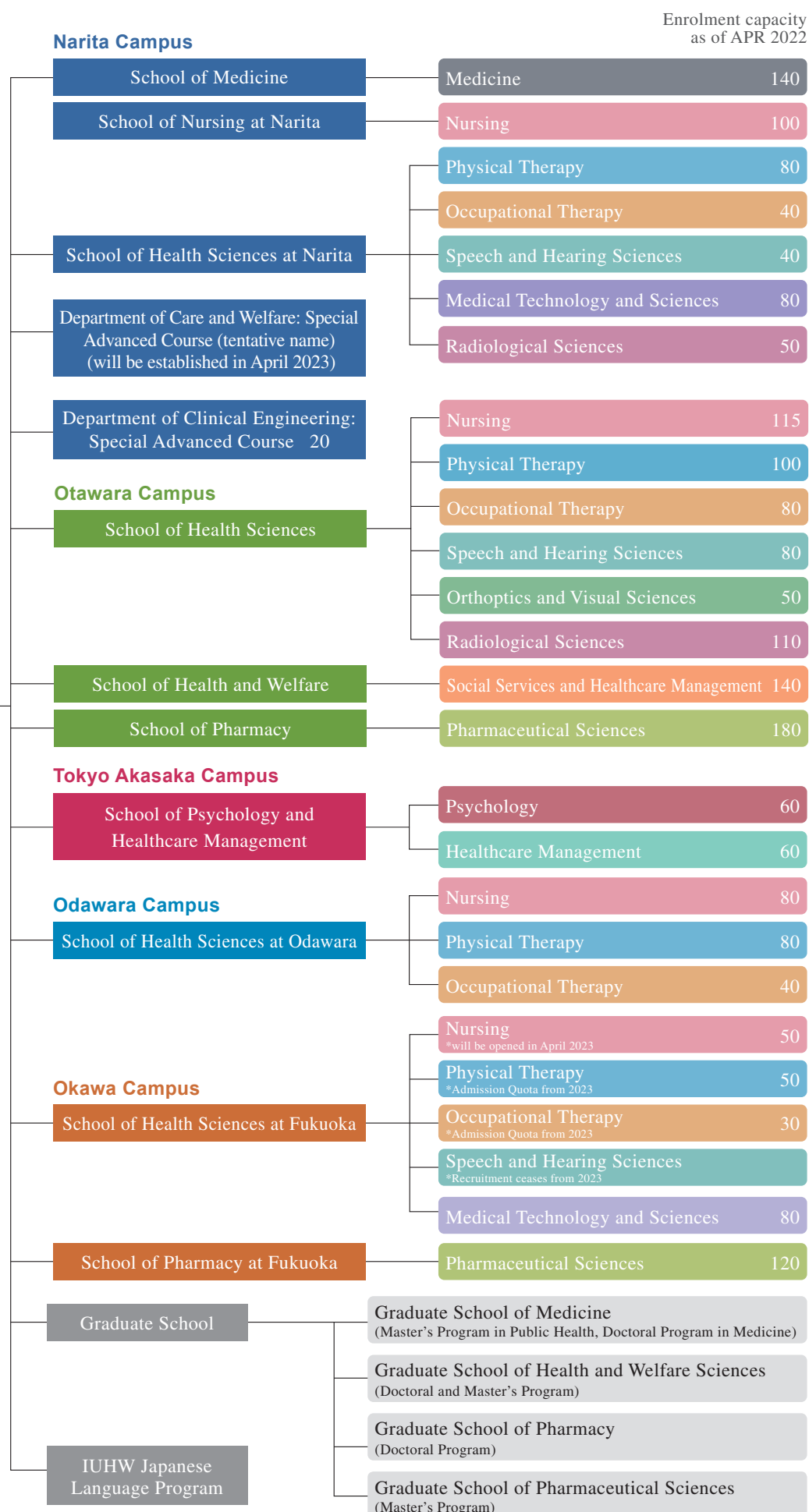
Short-term overseas training program in Vietnam



# Organization



**INTERNATIONAL  
UNIVERSITY OF  
HEALTH AND  
WELFARE**



# University Hospitals and Affiliated Facilities

IUHW group has many medical and welfare facilities including six university hospitals, and Sanno Hospital, which provide various opportunities for clinical training for students to develop their expertise. Students are also able to experience “Team Care Medicine” in clinical practice and study advanced skills with state-of-the-art medical technology.

## Tokyo Area



■ IUHW Mita Hospital



JCI-Accredited  
Organization  
(2015-2021)

### Number of Beds: 291

Designated as an emergency care hospital and regional cancer hospital in Tokyo.



■ Sanno Hospital /  
Sanno Birth Center



■ Special Nursing Home for the Elderly /  
Support Facility for People with  
Disabilities “Shinjuku Keyaki-en”



■ Sanno Medical Center



■ Akasaka Sanno  
Medical Center

## Fukuoka Area



■ Takagi Hospital



■ Fukuoka Sanno Hospital



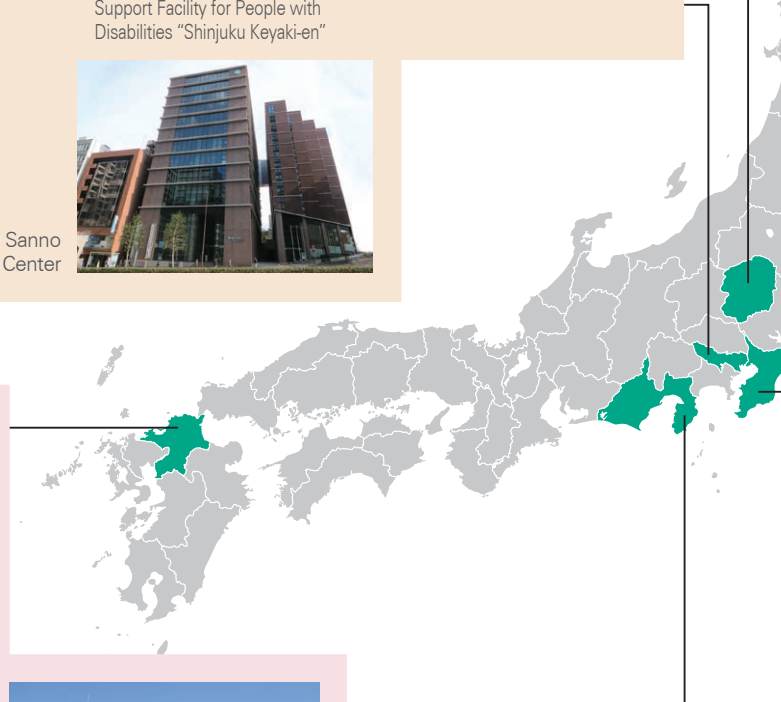
■ Yanagawa Rehabilitation  
Hospital



■ Yanagawa Institute for  
Developmental Disabilities



■ Fukuoka Central Hospital



## VIETNAM



### Ho Chi Minh

■ Health Evaluation and Promotion Center-Cho Ray Hospital  
IUHW (HECI)

### Health Evaluation and Promotion Center - Cho Ray Hospital International University of Health and Welfare (HECI)

A health checkup facility with state-of-the-art Japanese medical technology was established in collaboration with Cho Ray Hospital. This was realized based on over 20 years of relationship and professional exchange between Cho Ray Hospital, one of the largest health care facilities in Vietnam, and IUHW, Japan's first comprehensive university in the field of health and welfare.

### Other Affiliated Facilities

- IUHW Rehabilitation Center (Tochigi)
- Nursing Home for the Elderly “Tochinomi-so” (Tochigi)
- Nursing Home for the Elderly “Otawara Kazahana-en” (Tochigi)
- Otawara General Home Care Center (Tochigi)
- Group Home Aoyama (Tokyo)
- Mizuma Kohokai Hospital (Fukuoka)
- General Care Center Momochi (Fukuoka)
- Care Support House Okawa (Fukuoka)

## Tochigi Area



### ■ IUHW Hospital

#### Number of Beds: 408

A foundation hospital serving the northern region of Tochigi Prefecture. Designated as an emergency care hospital and as an emergency pediatric hospital.



### ■ IUHW Shioya Hospital

#### Number of Beds: 240

A regional core hospital designated as an emergency care hospital and as a Core Cancer Treatment Hospital in Tochigi Prefecture.



### ■ IUHW Clinic



### ■ Care Facility for the Elderly "Maronie-en"



### ■ Nursing Home for the Elderly "Tochinomi-so"

## Chiba Area

## Shizuoka Area



### ■ IUHW Atami Hospital

#### Number of Beds: 269

Overlooking the ocean, a foundation hospital serving eastern Shizuoka and western Kanagawa Prefectures. Designated as an emergency care hospital and Regional Cancer Hospital in Shizuoka.

## IUHW Narita Hospital Opened near Narita International Airport in March 2020



A university hospital with international features was established with 642 beds on 91,000m<sup>2</sup> architectural area. At the hospital, physicians and medical staff with a good command of foreign languages will be assigned. This will be an international hospital providing multiple language services, religious meals, a multi-faith prayer room, excellent facilities, as well as cutting edge medical services and equipment.

- Care Facility for the Elderly "Suigo-en" (Fukuoka)
- Ariake General Care Center (Fukuoka)
- Nursing Home for the Elderly "Komorebi-en" (Fukuoka)
- WOODROFFE HOTEL (Australia)

### ■ IUHW Ichikawa Hospital

#### Number of Beds: 260

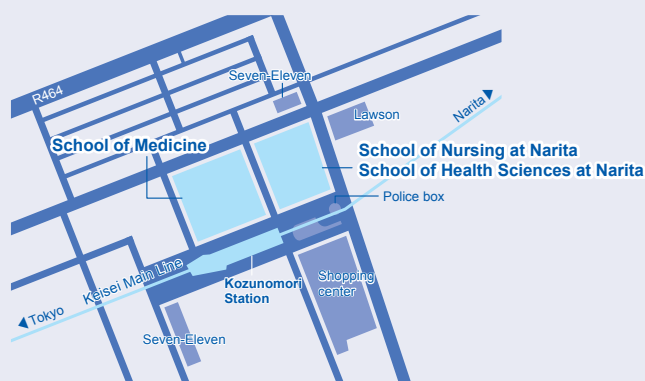
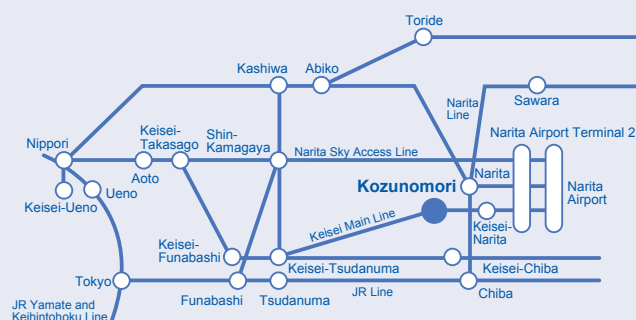


In September 2017, "Kaken Hospital" became "IUHW Ichikawa Hospital." In addition to medical treatment, IUHW Ichikawa Hospital engages in research and education. In conjunction with the establishment of the School of Medicine at Narita Campus in Chiba Prefecture in 2017, IUHW Ichikawa Hospital supports treatment in a wide range of fields, notably the orthopedic surgery department, rehabilitation, and the general surgery and digestive surgery departments.



# NARITA CAMPUS

## <ACCESS>



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